Tips for Snowshoe Hike

• Scotch guard your boots inside and out at least 2 days before the trip. This will allow drying time. If your hands and feet have a tendency to get cold you can purchase inexpensive disposable hand and feet warmers at local outdoor stores.
• Snacks—Try to pack energy type snacks such as: dried fruit, power or cliff bars, nuts, baked potatoes, granola bars, etc. Chocolates and candy will tend to only give you short energy spurts so save those for the bus ride.
• Dress in layers and do not wear jeans! Suggestions other than jeans, ski pants, rain pants, nylon jogging pants with long underwear.
• If you have “gaiters” which garments worn over the shoe and lower pant leg, bring them!
• If you have a ski pole you may want to bring as well for stability when hiking, but not necessary.

Note: there are no refunds for cancellations 7 days or less prior to your adventure. There are no refunds for “no shows” the day of the event. No exceptions.

Dear Getaway Adventure Participant,

The Getaway Adventure Program is delighted that you decided to join us on our snowshoe hike. Saturday, February 20, 2016. We promise it will be an adventure of high altitude and breathtaking views! We know you are looking forward to fun in the snow as much as we are. Here are a few items we should go over:

1. We will meet at 9:00 a.m. on the East side of Johnson Center (look for vans parked on the track by Outdoor Shop) and will be on the road by 9:15 a.m. We should arrive by 10:30 a.m. and will be back in Albuquerque at approximately 3:00 p.m.
2. Dress in layers, so you can adjust to getting warm as we go. Jeans are unacceptable to wear. They will get wet fast and you will get cold fast! (Prepare for a cold day and do not forget to bring gloves and a hat).
3. Bring a coat.
4. The important thing is support for your ankles, so wear waterproof high top shoes or boots (tennis shoes are not recommended). You can waterproof your own shoes with a water resistant spray such at Scotchguard. It is also suggested you wear wool or polypropylene socks for added warmth. Bring an extra pair of socks and some plastic bags in case your feet do get wet. I can also supply you with some boots if you come by earlier on the day of the trip to try them on. Email me with your shoe size and I will see what is available.
5. Sunglasses and sunscreen are recommended.
6. Bring a backpack or a fanny pack to carry your lunch and extra gear.
7. We usually hike approximately 2 to 3 miles miles on up and down hill terrain at elevations between 8000 and 9000. Elevations may reach 10,300. You must be in good physical shape to really enjoy this hike!

Getaway Adventures has the right to refuse your participation in this event if you do not appropriately dress and bring adequate food and water. This is a safety pre-caution. Please read the list over carefully this will make your hike much more enjoyable.

If you have any questions please call 277-0178 or email me at lmont@unm.edu

See you at 9:00 a.m. Saturday morning.

Sincerely,

Laura Montoya

Please meet us at the Van by the letter “X”
Getaway Adventures

Snowshoe Hike

Saturday, February 20, 2016