Mission

The mission of the Recreational Services Department at the University of New Mexico is to provide a wide variety of opportunities to enhance the recreational, educational and social experiences for a diverse University community. The Department is committed to excellence by offering programs that promote wellness, physical activity and a healthy lifestyle while contributing to the intellectual and cultural development of those we serve.

Vision

Recreational Services is committed to being recognized by the University as an outstanding advocate for fitness and wellness and the leader in offering recreational and leisure activities on campus. We will develop and continue to improve a comprehensive recreation program that supports student learning and life long participation in fitness and wellness. We value student development, collaboration and professionalism.

Pledge

We are committed to making your experience in the Recreational Services Program the most positive and worthwhile adventure possible. If you encounter an inconvenience or if there is anything we can do to make your visit more positive, please let us know. Let us prove to you our “Pledge to Excellence.”
RECREATIONAL FACILITIES

Indoor
✦ Fitness Centers
✦ Gymnasiums
✦ Natatorium
✦ Racquetball Courts
✦ Group Exercise

Amenities
✦ Locker Rooms
✦ Equipment Checkout

Outdoor
✦ Intramural Fields
✦ Tennis Courts
✦ Jogging Path
✦ Challenge Course & Climbing Wall

Satellite
✦ North Campus Weight Room

ROLE OF RECREATIONAL SERVICES
✦ Recreational Services builds positive relationships and attitudes and conveys to the University community the benefits of making regular recreational activities part of daily life.

✦ Recreational Services enriches the quality of student and campus life through knowledge, opportunities, interests and behaviors that promote healthy lifestyles. Extensive programs including aquatics, intramural sports, fitness and wellness activities, sport clubs, outdoor pursuits and special event opportunities are provided to explore one’s limits, learn new skills, and experience achievement.

✦ Recreational Services has a student driven philosophy that offers experiential leadership opportunities integrated with professional training and personal mentoring. These experiences facilitate social interaction, challenge participants, promote personal reflection and learning, and thereby support the educational mission of the University.

✦ The department of Recreational Services, as a unit of the Division of Student Affairs, is responsible for the recreational programming at a variety of facilities across campus in order to meet the needs of a diverse campus community.

Participants:
Recall then practice recreational, fitness, wellness and outdoor activities that are part of a healthy lifestyle. Explore and attain new skills and merge academic and recreational experiences into practical application.

Student Staff:
Develop transferable skills in assertiveness, cultural awareness, respect, accountability, responsibility, self-awareness, self-confidence, integrity, problem-solving, decision-making, judgement and wellness.
Recreational Services is housed in the Division of Student Affairs.
Recreational Services is a member of the National Intramural Recreational Sports Association and is nationally recognized for its programs and services.
Johnson Center receives over 2 million visitors each year for classes, athletic events and sporting events.

WHO WE SERVE

Participants tracked that have signed up for Recreational Services’ programming.

Facility | Participants
--- | ---
Fitness Center | 388,683
Staff Weight Room | 6,357
Gymnasiums | 305,543
Racquetball Courts | 38,123
Aerobic & Dance | 196,147
Natatorium | 131,033
Intramural Fields | 60,022
**TOTAL** | **1,125,863**

Due to financial restraints, recreation hours were decreased by 18% resulting in a 7% decrease of 76,512 participants for the year.

Programs

- Aquatics
- Open Recreation
- Fitness
  - Group Exercise
  - Personal Training
  - Fitness Assessments
  - Adaptive Fitness
- Challenge Course
  - High Ropes
  - Low Ropes
  - Climbing Wall
- Intramural Sports
  - Team
  - Individual & Dual
  - League
  - Tournament
- Sport Clubs
- Outdoor Shop
- Bicycle Shop
- Getaway Adventures
- Youth & Community

Quick Facts

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GOALS AND UPDATES

1. Develop a student mentorship program to help the transition process from student employee to student supervisor. RESULT: Each program within Recreational Services successfully implemented a student mentorship program. This has helped to ease the transition from student employee to student supervisor. Mentoring included shadowing, additional training increasing duties and responsibilities in tiers.

2. Continue Recreational Services’ participation in the “Data Mart” discussion and decision making process in order to have a clearer demographic model of Johnson Center and Recreational Services’ users. RESULT: We were told to investigate Advisor Track through Banner. After several meetings, it was decided that Advisor Track would address our needs. We will continue to look for alternative solutions.

3. Successfully integrate College of education Banner indexes into Recreational Services’ current budget. RESULT: All indexes and budgets have been integrated.

4. To facilitate the successful resolution of the Johnson Pool issue, conversion or restoration. RESULT: Variances were obtained by the State Environment Swimming Pool Division allowing us to open upon completion of repairs. Funds were obtained from the Budget Office and repairs are scheduled to be completed by the end of November 2011.

5. To continue the Department support to the Outdoor Experiences Program with a goal of increasing Outdoor and Bicycle Shop participation by 15%. Outdoor Experiences Program has only seen a 1% increase in participation. This is due to a reduction of services and events offered due to financial restraints.

6. Create equity in funding between student fees and faculty/staff fees. Faculty and staff, via the payroll tax reimbursement to our Department, now actually pay more per employee than students pay via the allotment from the Student Fee Review board. RESULT: Requests for additional funding from the Student Fee Review Board were declined.

FUTURE PLANS

1. Identify strategies to mitigate the $270,000 Operation and Maintenance reoccurring fee Recreational must pay. Any other goals that would require funding beyond what is currently funded are not possible at this time.

2. Facility Enhancements: mileage markers around Johnson Field, outdoor exercise stations in proximity to Johnson Field and jogging path, jogging routes published by Campus Planning, implement self-service wellness kiosk in Johnson Center and locate direction signs and venue sign in Johnson Center. Dependent on availability of funds.

3. Create a Recreational Services Hall of Fame honoring current and past employees and individuals that have had a positive impact on the Department and the success of students here at the University.

4. Reorganize the Department to create 2 additional supervisory levels while maintain current staffing levels.

Research

In a study conducted by Mass at Arizona State University comparing persistence rates of college freshmen who were users and non-users of the university’s Student Recreation Complex (SRC), Maas found that persistence rates for SRC users “clearly outpaced that of their non-user counterparts.”


Research

Studies have illustrated a positive relationship between grade point average (GPA) and frequency of Student Recreation Center (SRC) use. Data shows that for every semester (spring, summer and fall), both GPAs and average credit hours taken were higher for students used the SRC than those that never used the SRC.